



Presents a ground-breaking seminar for practitioners & the general public

Wise Traditions, Wellness & Weston A Price

- Why health messages in general are so confusing

*The critical role of nutrition in oral & systemic health, which foods are healthy & which to avoid.

* How the seminal research of dentist Dr Weston A Price in the 1930s can impact our health today

* How food choices of our ancestors conferred cognitive & hormonal health for generations

* How shaky science and vested interests shape our food choices & the consequences for our health



Wednesday 4th September

Wesley Conference Centre

220 Pitt St Sydney

5.45 for 6.15 pm start

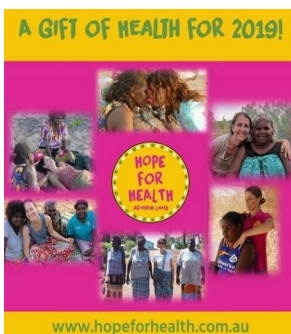
Early bird \$50 Regular \$60 Student \$30

Holistic Hilda - (Hilda Gore) - US health coach
& Wise Traditions podcast host & producer

Dr Ron Ehrlich— Holistic dentist, wellness educator, advocate for
Regenerative Farming & author of 'A Life Less Stressed'

**FIRST TIME
IN
AUSTRALIA!**

This event is a fundraiser for the life-changing indigenous
charity Hope for Health www.hopeforhealth.com.au



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Co-hosted by the Sydney Chapter of the Weston A Price Foundation