



## Module 2: Oral Diseases

# Decoding Periodontal Disease: Diagnostic Criteria and Breakthrough Treatments

### 1. Introduction and Overview: 00:00:08 – 00:05:00

- Introduction to the module, the importance of building Health Quotient (HQ)
- Importance of oral health

### 2. Understanding Periodontal Disease: 00:05:01 – 00:20:00

- Diagnostic criteria and incidence
- Links to systemic health

### 3. Oral Microbiome: 00:20:01 – 00:35:00

- Complexity and its role in health
- Factors affecting the microbiome

### 4. Systemic Health Links: 00:35:01 – 00:50:00

- Inflammation and chronic diseases
- In-depth discussion on the relationship between periodontal disease and various systemic conditions like heart disease, diabetes, and autoimmune disorders.

### 5. Diagnosis and Assessment: 00:50:01 – 01:05:00

- Comprehensive oral examination
- Importance of medical history and clinical exams

### 6. Treatment Options: 01:05:01 – 01:20:00

- Treatment for periodontal disease
- Nutritional aspects and oral hygiene

### 7. Case Studies and Conclusion: 01:20:01 – 01:33:00

- Case studies illustrating key points
- Summary and next steps